Antioch Police S.W.A.T. Training Form

Date of Training:	Title (hours):	Instructor(s): Byron Harold
04/28/21	8 hrs – Functional Movement /	(Muscle Mechanics)
	Expansive Area Clearing / Immediate	Ofc. Duggar
	Action Drills	

Location of Training: Muscle Mechanics (Brentwood) / Pittsburg PD Range

Core Competencies:

Weapons, Munitions & Equipment

- o Firearm Skills (live fire)
- o Handgun
- o Shoulder -Fired Weapons
- o Weapons Maintenance

Individual Team Movement & Tactics

- o Active Shooter Response
- Barricaded Subject Operations
- Cover and movement
- o Downed Officer/ Citizen Rescues
- Emergency Deployment Techniques
- o Entries
- o High Risk Warrant Service
- Containment & Callouts
- Dynamic Warrant Service

- Immediate Action Drills
- Long Rifle Initiated Assaults
- o Reactionary Responses
- Rescue Operations (Basic)
- o Rural Operations
- Small Unit Tactics

Decision Making

- Training Simulations (Scenarios)
- Barricaded subject/suspect

Specialized Functions and/or Supporting Resources

o UAV Utilization

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Training	Objectives:					
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The team will undergo functional movement training at Muscle Mechanics. The team will then transfer to PPD's outdoor range where they will drill expansive area clearing tactics and immediate action drills.						
PPD 8 Out	door range where they will drill expansive area cr	learing to	actics and immediate action drins.			
Scenario	(s):					
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Various	Various					
Equipme	nt:					
0	All Personal issued equipment Patrol Car	0	Targets Stapler			
0	9mm Ammunition	0	Staples			
0	40 cal Ammunition	0	Safety Gear			
0	.223 Ammunition					
0	Long guns Handguns					
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Instructional Techniques:	Performance Testing:	
LectureHands onScenarios	VerbalHands on	

Safety Instructions:

- Sutter Delta Memorial Hospital, 3901 Lone Tree Way, Antioch (779-7200)
- John Muir Hospital 1601 Ygnacio Valley Road, Walnut Creek (939-3000)
- Mount Diablo Hospital 2540 East Street, Concord (682-8200)
- Merrithew Hospital 2500 Alhambra Avenue, Martinez (370-5000)